



Inner Growth - Spiritual Saturday

Saturday is a day of the week between Friday and Sunday. However, for most countries, it is the sixth day of the work week, but only for some. Saturday on the calendar falls on the seventh slot, with Sunday, Monday, Tuesday, Wednesday, Thursday, and Friday ahead. For non-believers, Saturday is typically not a work week for most workers, which gives a sense of relief that the work week is complete and people get to unwind from their responsibilities and obligations that come with being an employee.

Still, for believers and followers of God, should we not honor God more on this day than just what a relief we were able to complete the work week? Believers should not follow the unbelievers in this fashion.

However, the body can be tired from a rough work week for some employees where additional rest is needed. However, believers focus too much on the flesh and forget the inner person, the spiritual.

The New Testament describes the spiritual as the house in First Peter two, verse five, as a lively stone. Living according to the Word of God, built up upon Him. The spiritual house should be the palace of the Great King, Jesus Christ. All week, believers work in ungodly environments. Why don't believers set aside a day for the Holy Spirit? First Corinthians two, verse thirteen, "Which things also we speak, not in the words which man's wisdom

teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual."

For believers, the Holy Spirit is a part of the trinity, three in one. We speak to the Father, we speak to the Son of God, why not the Holy Spirit? In Luke eleven, verse thirteen, makes it clear in the second part of the verse, "...how much more shall your heavenly Father give the Holy Spirit to them that ask him?" However, Spiritual Saturday is a suggestion that we all should consider, and it is between us and God. Believers can speak to God, the Son, and the Holy Spirit. However, those who accept Jesus Christ as Lord and Savior and baptized can ask God for the baptism of the Holy Spirit. The Lord knows who desires it or not will be given.