



Inner Growth - Melody Monday

Melody Monday

Monday is the day of the week between Sunday and Tuesday. However, for most countries, it is the first day for the beginning of the work week, but not for all. Monday on the calendar falls on the second slot, with Sunday being the first. For non-believers, it is beginning of another work week whether an owner or worker for an employer. Some people start their commute to work have to go to the breakfast store to get themselves going for the day ahead, which many do not look forward to.

On the other hand, believers who serve Jesus Christ may follow the same pattern as unbelievers, while most start the day with prayer, worship, singing praises, or a mixture of all three to God before they start their new day ahead. Still, Monday is the typical day people know as the beginning of a week of work.

However, the course of this day could potentially be challenging because most people have the rest period for one or both Saturday and Sunday and do not have themselves physically or mentally ready for Monday. Despite the challenge, during the course of the day, some have music blasting as they travel, while working throughout the day, some listening to their favorite radio station,

while some reading or conversing in between with other co-workers to get them through the day. Still, it could be quite draining at the end of day.

Monday, for some, is not a day to look forward to being where it is on the calendar. However, there are other alternatives to making it better. The people who do not serve God continue to find new ways of enjoying their Mondays: why not us as believers. Why not make Monday as a melody? Yes, we pray, sing, worship the King of kings and Lord of lords to start our day, but why not attempt to maintain this throughout the day and continue after the work day. Some continue it for a course of the day but tail off in silence. However, if pre-recorded songs or a spiritual radio station can help generate the day, so be it.

Melody Monday should be the day that the songs come out from the heart to God. Whether you whisper, sing soft, or shout it out loud, let it be the day flooded with love pouring out to Him in honor and adoration. Sure, there might be things we encounter throughout the day, but let us resume with the melody because God deserves the best we can give Him. However, this does not have to be on this day but any day of the week. Still, it is easy to remember Melody Monday because it blends so well.