



Inner Growth - Father Friday

Friday is a day of the week between Thursday and Saturday. However, for most countries, it is the fifth day of the work week, but only for some. Friday on the calendar falls on the sixth slot, with Sunday, Monday, Tuesday, Wednesday, and Thursday ahead, while Saturday comes after this day. For non-believers, Friday in the work week gives workers a sense of relief that the work week is finishing, and some workers acknowledge and gesture the reply, "Thank God it's Friday," or the letters TGIF.

Still, for believers and followers of God, should we not honor God more on this day than just what a relief we were able to make it through the week? Children of God should be in constant communion with Him, like a relationship between a father and a child and even more. Having contact with God by meditating, talking, or quoting the scriptures from God's Word will enable a believer to get through the day and enjoy it despite the situation because we include Him in it. However, believers do not have to reserve Friday for the Father to communicate with Him but can do it any day. Still, the opportunity of dedicating a day to the one who made the heaven and the earth, the Almighty One who is all-knowing, everywhere, and all-powerful, should we not give Him a whole day to converse with during it?

Father Friday is a suggestion that we all should consider, and it is between us and God. Communication should not be a public display where we are talking loudly to God during our travel and fulfilling our responsibilities and agendas, but conversing with God intimately throughout the day with whatever situation we face. Children of God should share their concerns with family, associates, neighbors, and personal circumstances with Him. Believers should express to God in great detail because God is a Spirit. Even though He already knows, He sure would like to hear it anyway.