



**For though I would desire to glory, I shall not be a fool; for I will say the truth: but now I forbear, lest any man should think of me above that which he seeth me to be, or that he heareth of me.**

*2 Corinthians 12:6*

**Forgive** - Luke 6:37

**Overcome** - Romans 12:21

**Reconcile** --- Matthew 5:24

**Behavior** ----- Proverbs 3:5

**Effective** ----- Luke 13:9

**Ability** ----- Matthew 13:23

**Responsibility** - John 15:2

To forbear is part of the word 'forbearance.' There are two ways a person can express this quality within themselves. The first is the quality to tolerate and restrain oneself from actual provocation committed by another person or people. The second is to demonstrate patience toward someone who may have borrowed something and not promptly paid or given it back.

In the Bible, forbear in the Old Testament has a few examples in several chapters. To achieve this quality is by the strength of God and not ourselves. To forbear is through people who love and care for others' welfare. To forbear is to forgive. In Exodus of the Old Testament, verse five of chapter twenty-three is partially a question. Would you help a neighbor's pet that hates you? The answer is in the next part of that same verse which is

yes. If we disagree, then we will not be able to forbear.

To forbear is to overcome. To not allow evil to defeat us by responding to how society expects us to respond. Instead to acknowledge how God expects us to react by doing something good. To demonstrate a good gesture from a bad one is not an easy task. However, if we are able, the good expression will outweigh the evil one done in the first place.

To forbear is to reconcile. Sometimes an agreement between us and others does not pan out as we expect. Some situations would make us angry with that person. However, at times there is hostility when we do receive from the other as negotiated. God expects us not to harbor feelings toward people who may not do what we expect. However, when everything settles, we should be able to greet one another as though nothing happened.

To forbear is to show proper behavior. There are times when a situation overwhelms us to the point we display indecent gestures. We need to be careful not to allow our flesh to get the best of us. God expects our code of conduct to remain in a godly manner.

To forbear is to produce positive results. The community will be watching us in what we say, what we do, and how we live. However, with the help of God, we will be able to have an impact on others to do the same.

To forbear is to hear the Word of God. We all need guidance from the Holy Bible to achieve in such a way to help us. The Word of God will help us learn to be patient with others, especially when things go wrong against us.

To bless others by reacting righteously.

To forbear is a responsibility. God's intention is for us to live according to His Word to achieve the results as mentioned in the Holy Book. We must demonstrate the love of God in us for people to follow us. How we live before others, especially in situations that seem to be a disadvantage, will determine if we forbear.