



No Growth - Hoarder

For where your treasure is, there will your heart be also. *Luke 12:34*

Habit ----- Romans 12:2

Occupy ----- Isaiah 5:8

Anxiety ----- Matthew 6:27

Reasons ----- Luke 14:18

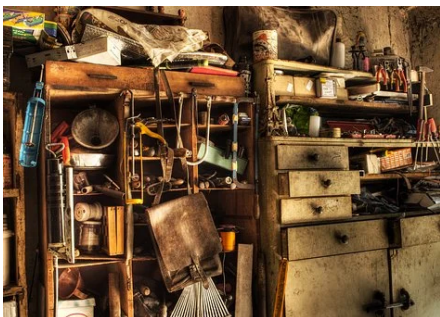
Debate ----- Proverbs 18:13

Eyes ----- Proverbs 16:2

Relationships - Proverbs 27:19

A hoarder is a person that is unable to discard or part with possessions regardless of their value. The reason is the heart which contains the feelings, thinking, desires, values, decisions, and will that are the cause. The things we adore and cherish will have some form of attachment to us. The difficulty is letting it go free from us and moving on to new things.

Hoarding begins with practice. Daily attending to the things of the past will not make it better but difficult. The mind is where the problem lies. The memories that surface to the things that we no longer use will linger within our minds making it nearly impossible to detach. To recover is to renew the mind. Discovering new things to embark upon will replace the old



experiences and allow the mind to heal during the process.

Hoarding tends to take up time, space, physical and mental energy. The inability to have the freedom of functional living space is the result of hoarders. The difficulty of compiling things together efficiently to reduce the clutter is a constant challenge. The impairment of not categorizing or organizing possessions creates indecision and prevents the person from unraveling the mess.

Hoarding can cause worry or tension. Distress, such as feeling overwhelmed by possessions, could generate obsessive thoughts and unnecessary activity. The fact that hoarders have their minds engulfed with personal things will give no room for God or anyone else to help or intervene.

Hoarding causes people to have excuses. Hoarders have logic as to why their items appear cluttered. No matter who would come and give an opinion or a suggestion about their possessions, they have a history with them. A hoarder's experience with any of their items will tend to outweigh an outsider's input. They will defend their stuff to whoever dares to interfere with it. The fact is a hoarder will dispute that their items are a part of them. To get rid of an item is partially getting rid of them. The hoarder will claim it has sentimental value, is unique and irreplaceable.

Hoarding causes people to live in denial. Hoarders are not able to see their items as clutter. They see these items as a part of their life. A hoarder does not see the attention they give to pass things that do not benefit their future.

Hoarding also causes anger, resentment, and depression among family members and could affect the social development of children. The people within the family on the outside will not understand why their relative is a hoarder. On the other hand, the members will not comprehend why their group of people is ignorant. This conflict will put a strain on the family connection.

Hoarding is about possessions of the past. The person victimized by this lifestyle does not realize hoarding creates a gap between God, others, life potential, and freedom. If a hoarder has past things on their mind, how can they think of anyone else or anything else?