



## Outer Growth - Dreams

**For a dream cometh through the multitude of business; and a fool's voice is known by multitude of words.**

*Ecclesiastes 5:3*

**Do**----- Colossians 3:23

**Read**-----1 John 4:6

**Experiences**---- 1 Corinthians 14:40

**Agenda**-----Psalms 118:8

**Mind**-----Colossians 3:2

**Speak**-----Ecclesiastes 5:7

Dreams may at times tell us where we are at in this life. How often do we find ourselves daydreaming and realize it afterward? We say or think, what am I doing? What we do or plan, how we talk or think, may impact our dreams.

The things we have on our schedule daily may include jobs, errands, social events, physical activities, hobbies, or relaxing time, which could replay when we fall asleep, depends on two areas: anticipation and concentration. If we overthink and focus on that moment, we could replay that occasion in our sleep.

Reading books, magazines, or any other content may interfere with our dreams. It depends on how passionate we are about what we see from our eyes and our appreciation.

"Action speaks louder than words" is an old saying, although we experience a setback and are limited to an essential schedule. Dreams will, at times, reflect our daily activity. The things that we do now are more internal than external. However, the amount of time we consume with a task and have admiration for may resurface during our rest period. The most effect our dreams may have on us is from our mindset. If we wonder about certain things too much and have questions, and consume time doing this, those thoughts might reoccur while resting.

Dreams could result from how we talk. Passionate arguments, comfortable conversations, attractive phone calls may play a role.

Dreams are a part of life. It reflects on how we live.

**Read: Old Testament (Story Example) Judges 7**