



## No Growth - Doubt

But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.

James 1:6

Distrust-----Job 39:12

Observe----2 Corinthians 5:7

Unsure-----John 14:1

Behavior-----Proverbs 3:5

Talk-----Proverbs 10:19

Doubt is going back and forth, contemplating whether things will work out or not. This way of thinking can easily take place inside the mind of a person when a situation arises.

Doubt may occur when we have second thoughts about a past argument with a friend or relative, an upcoming encounter for a job or promotion, or a future bill date that is forthcoming. These examples are part of life and can cause us to be in deep thought.

The reality with doubt is how we see the problem. If we think the situation might be hard to overcome, then we already set ourselves in that mode to accept the worst.

Doubt will create uncertainty about ourselves. Not sure if we are capable of overcoming adversity and various life challenges that would come our way. Allowing second thoughts that are negative to enter the mind will try to keep us down.

Doubt will prompt us to behave differently from the norm. People in our environment will see a difference. A simple conversation or comment that we hear can make us edgy and overreact. Doubt will tempt us to get involved in an unnecessary conversation that would create arguments and hurt the people we care for and others we love.

Doubt is a place of thought we should not allow to enter our minds. Instead of thinking maybe or maybe not, we should remember the wife of the man lot.