

## **Outer Growth - Affliction**

Many are the afflictions of the righteous: but the LORD delivereth him out of them all.

Psalms 34:19

Attack-----1 Corinthians 10:13, James 4:7

Fear-----Psalms 56:4, 2 Timothy 1:7

Frustration-----Psalms 4:4, James 1:19

Lies-----Exodus 14:14

**Illness**-----Psalms 41:1

Consume-----Ephesians 6:10-18

Troubles-----Romans 12:12, 2 Corinthians 4:8

Internal-----2 Corinthians 12:9, Philippians 4:19

Overpower----2 Corinthians 4:9

Negative-----Romans 8:28

## Affliction

Affliction is commonly known as pain and suffering. However, for a believer, this condition may come in a variety of ways. An attack is a form of affliction. This physical assault could cause pain anywhere on the body and yet during an examination, may not be detected.

Secondly, fear is another form of affliction. This condition may come on a person suddenly. How do you treat it? Can anyone see it coming? This condition is associated with the mind and requires therapy like counselling and medication. However, from a believer's perspective, this is a spiritual attack.

Thirdly, frustration is another form of affliction. This condition may cause anxiety for a person to become angry and sometimes violent. Fabrication is also an affliction where a group of people will set up someone in a way to destroy their reputation. Being sick, whether it is minor or enormous, can have a long-term effect on a person. Another common situation that involves affliction is a receiver listening to the problems of other people that can become a burden on a person. Troubles with upcoming bills to pay or complete tasks could be an affliction. Overworking ourselves on the job like overtime to get extra income and feeling very tired can be an affliction. Being in a debate or argument against more than one person is an affliction. Aggressively correcting something negative, which may bother the person, is an affliction. All these examples of affliction can be fatal that only God can truly help.

Prayer: Lord God. Help me to overcome any form of affliction that I may face, Thank you, God.